



**SES SKI NATIONS LTD
ARMENIAN SKI FEDERATION**

FIS SES CROSS-COUNTRY CUP

PROGRAM



19-21 JANUARY, 2016

TSAGHKADZOR

ORGANISER

SES SKI NATIONS LTD

ARMENIAN SKI FEDERATION

DATE OF COMPETITION

January 19-21, 2016

LOCATION

TSAGHKADZOR GENERAL SPORT COMPLEX

Tsaghkadzor 2310, RA

Tsaghkadzor is a cozy resort town and a popular health resort in Armenia located 60 kilometers north of Yerevan (the capital of Armenia), on the southeastern slope of Teghenis Mountains, at a height of 1840 meters above sea level, surrounded with alpine meadows. The distance between the city and Zvartnots International Airport is no more than 65 kilometers, thus it is an hour way by car on a highway which is in excellent condition:

RACE OFFICE

Tsaghkadzor General Sport Complex - Conference hall

ENTRY FORM

Before January 18, 2016

8:00 p.m. at the following address:

Armenian Ski Federation

Str. Saryan 22

Floor 12

AM-0002, Yerevan

ARMENIA

Tel.: +374 10 531152

E-mail: armeniaski@yahoo.com

Mobile: + 374 94 050806

INFORMATIONS

Gagik Sargsyan

E-mail: armeniaski@yahoo.com

Mobile: + 374 94 050806

RULES

The competition will be held under FIS Rules and Regulations for Cross-Country Skiing. The Organising Committee reserves the right to change the schedule of the event from those published in the programm if necessary.

REGISTRATIONS

Tuesday, January 19, 2016

From 12:00 p.m. to 16:00 p.m. in the Race office.

ORGANISING COMMITTEE

Chairman

Chief of competition – Varazdat Avetisyan

Competition secretary – Luiza Nazaryan

Chief of timekeeping – Harutyun Grigoryan

Chief of course – Artur Mikayelyan

Chief of stadium – Hovhannes Sargsyan

Chief of control and competition security – Sergey Soghoyan

JURY

FIS Technical Delegate - Nesterenko Andriy (UKR)

TD Assistant – Gagik Sargsyan (ARM)

Chief of competition – Varazdat Avetisyan (ARM)

SCHEDULE

Tuesday, January 19, 2016

1:00 p.m. - 3:00 p.m.	Official Training	
12:00 p.m. - 4:00 p.m.	Registration	Race office.
5:00 p.m.	Team captains' meeting	Race Office

Wednesday, January 20, 2016

10:00 a.m. – 10:50 a.m.	Official Training	On the Race track
11:00 a.m. 5 km F – Ladies		
12:00 a.m. 10 km F – Men		
1:30 p.m.	Prize giving ceremony	
3:00 p.m. – 5:00 p.m.	Official training	On the Race track
6:00 p.m.	Team captains' meeting	Race Office

Thursday, January 21, 2016

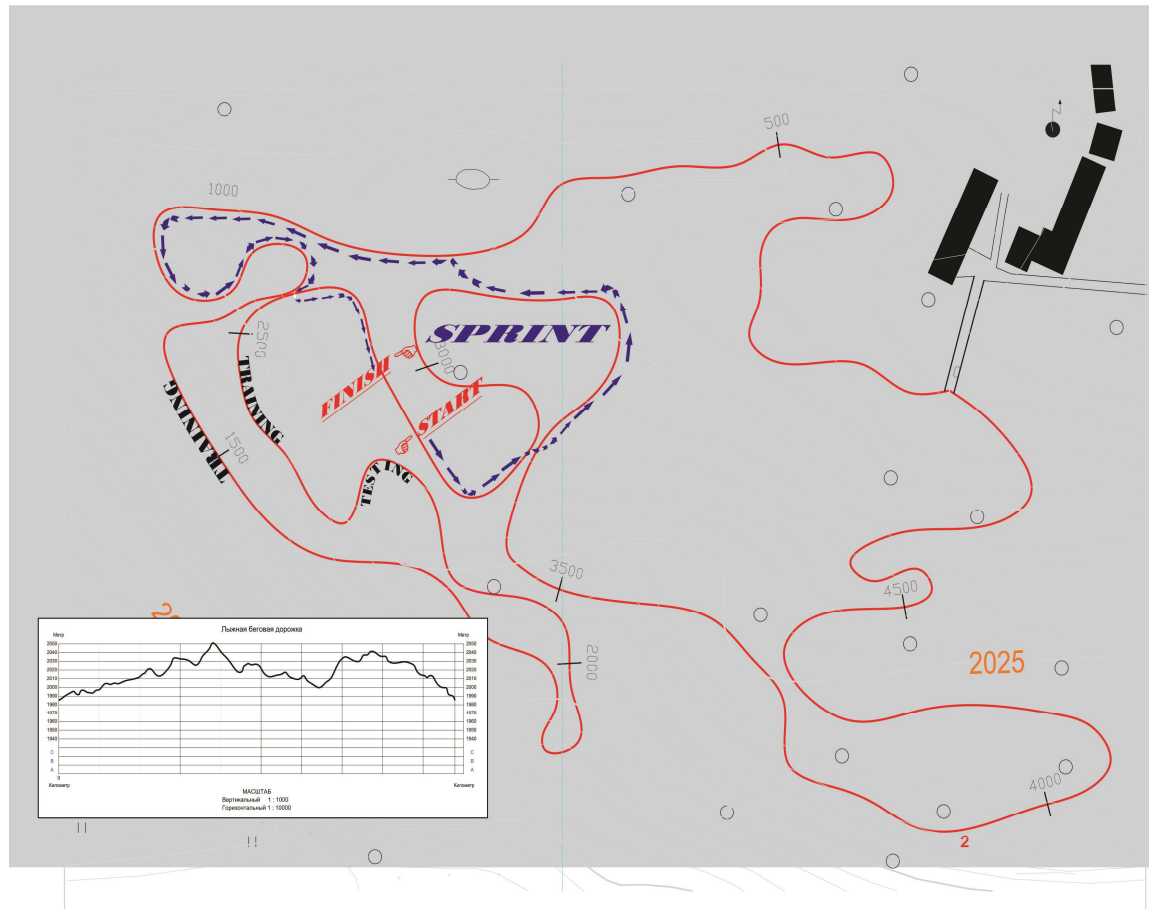
10:00 a.m. – 10:50 a.m.	Official Training	On the Race track
11:00 a.m. 5 km C – Ladies		
12:00 a.m. 10 km C – Men		
1:30 p.m.	Prize giving ceremony	

TRAINING AND RACING PLACES

- “ Course is at the height of 2000 meters above sea-level
- “ The distance between the course and the hotel is 50 meters
- “ The course is homologated by FIS. Homologation numbers are:
 - 10/13.01/1.1 – 1.1km for Sprint and
 - 10/13.02/05 – 5km for distance
- “ other training possibilities: Olympic pool is 50 m, weightlifting hall, GYM, volleyball, basketball, handball, mini football halls, massage treatment and sauna etc.

TECHNICAL PARAMETERS:

- “ HEIGHT DIFFERENCE (HD) 65 m
- “ TOTAL CLIMB (TC) 157 m
- “ MAXIMUM CLIMB (MC) 38 m
- “ LENGTH OF LAP 5000 m





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19-21 of January, 2016

Tsaghkadzor

ACCOMMODATION BOOKING FORM

Deadline: January 16th 2016, 6:00 p.m.

NATIONAL ASSOCIATION: _____

NUMBER OF OFFICIALS: Ladies: _____ Men: _____

NUMBER OF COMPETITORS: Ladies: _____ Men: _____

ARRIVAL DATE AND FLIGHT DETAILS: _____

DEPARTURE DATE AND FLIGHT DETAILS: _____

Signature of the Official :

Date :